

Bobcat #AttitudeisGratitude

Dear Beck Families,

The 1st Marking Period is completed and Report Cards will be available in Genesis Parent Portal on Monday, Nov 20 but remember, grades are only one indicator of your child's growth, development and progress in these middle school years. The ages of 11-14 are full of physical, psychological, emotional and social changes; the only time we change more in our lives is birth through 3!



- 6th grade caregivers: You are most likely experiencing a wide range of behaviors as your student adjusts to the expectations of middle school. They are meeting lots of new peers and friendships may be changing. Some days you child may seem to have everything under control and other days you may be left wondering how they (and YOU) will make it through their 6th grade year, let alone middle school. Consider closely monitoring social media and group chats.
- 7th grade caregivers: You are most definitely experiencing social and academic ups & downs.
 A group of 7th graders shows the full range of physiological, emotional and social development. Some children are standing eye-to-eye with full grown adults and some children don't look much different than they did in 6th grade. Socializing is EVERYTHING with a lot of energy and emotion swirling around as children navigate friendships, frenemies and crushes.

 Keep talking with your children about internet safety and cyberbullying.

• 8th grade caregivers: Some days you may wonder if 8th grade can just end early and send them off to high school. Other days you will want them to be a 6th grader again so high school and graduation and college are in the distant future. 8th graders may struggle to manage the deepening socio-emotional dynamics, the academic workload and the anxiety & excitement of 'growing up.' Ask your children about peer pressure and help them with positive decision-making.

Across all 3 grades, the common theme is **SELF-REGULATION SKILLS** (or lack thereof). As caregivers, you may find yourself riding a roller-coaster of your child's emotions. You may be asking "why did you do that?" or "what were you thinking?" or even "how do you think that made the other person feel?" You may be surprised by extreme reactions to normal events, sassy or defiant answers to everyday request or how loud a 13 year old can be!!! And don't worry, at some point you became uncool, embarrassing and you don't know anything. Welcome to the Middle School Caregivers Club.

If you have a moment, let Cherry Hill Alum Dr. Angela Duckworth explain how you as caregivers and us as educators, are integral in children <u>developing self-regulation skills</u>. Scroll to 1:07.. Learn more about Dr. Duckworth's <u>Character Lab</u> which features 'playbooks' and resources for educators and caregivers.

Next week, we will share information about our School Discipline procedures and how we are working to support the growth and development of self-regulation, awareness and compassion towards others.

All the Best,

Rebecca Metzger

Principal

Beck Middle School

Parent Dashboard (click here)

Upcoming Events

11/23 & 11/24 Schools Closed for Thanksgiving Break

Wednesday, Nov 22 - Cherry Hill High School West Band will perform for grades 6 & 7 in Advisory.

Wednesday, Nov 22 - EARLY DISMISSAL at 12:15pm for all students. No afterschool activities.

Thursday & Friday, Nov 23 & 24 - Schools Closed for Thanksgiving



11/27-12/1 Scholastic Book Fair

Scholastic Book Fair will be held in the Beck Library beginning Monday, Nov 27 and ending on Thursday, Nov 30. Information has been sent in a separate email and will be resent soon!

11/30, 12/4-12/6 Parent/Guardian-Teacher Conferences

EARLY DISMISSAL at 12:15pm for Parent/Guardian-Teacher Conferences on:

Thursday, 11/30

Monday, 12/4

Tuesday, 12/5

Wednesday, 12/6

Instructions on how to schedule a conference were sent in a separate email. There are remaining times but if you find these times are not available for you, we advise the following:

- Concern about 1 class: If you have a concern about 1 specific class, please contact that
 teacher directly to see if a phone call or virtual meeting can be arranged at your mutual
 convenience.
- Concern about 2 or more classes: Please email the Team to see if a phone call or virtual meeting can be arranged during their Team time.
- **General progress update**: If your students is progressing satisfactorily and you would just like a general progress update, please email the Team and they can provide you with that feedback.

Beck YEARLY Events Calendar (click here)

School Culture & Discipline

PBIS School Store

Our students continue to rack up those PBIS points! Students who did not pick up the prizes that they purchased will have them delivered to them by Wednesday, November 22nd.

If you still have not logged into PBIS and need support, please

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Next week, we will feature an overview of the Discipline Referral process.

Nurse's Notes

Check out some great information about the National Health Awareness Months!

- November is Diabetes Awareness & Epilepsy Awareness Month.
- Also check out some great seasonal recipes!



November Nurse Newsletter.pdf

Download

1.8 MB

Athletics

Fall Sports Recap (Winter Games coming soon)

Middle School News



The Beck Boys A
Soccer team finished
the season with an 8
-12 record and
the season with an 8
-12 record and
went out in the
semifinals of the
South Jersey Middle
School Soccer
league to Deptford 4
-2 in penalties after
r Cherry Hill opponents 40 this year and had a huge 2-0
against Voorhees after losing the first game of the year
. Offensively the team was led by Mason Fowler and
cand Wright with Ben Boucher doing the heavy lifting in
midfield. The back line was anchored by Drew Raditz
H Henry Green and James Beaney did the bulk of the
rk in net!
eck Boys A
Soccer team finished
the season with an 8
-12 record and had a huge 2-0
south beautiful the semificial of the
semifinals of the
sem

k in net!
eck Boys B team soccer overall record was 2-5. The
ord did not reflect the hard work and close games they
neted in this season. They were able to beat Rosa twice
had two great match-ups against Carusi. Ari Miller was
enomenal in goal and kept the Bobcats in every game.
sson Lindgren, Dean Pizzo, Sam Freedman and Shia
rig were strong defenders. Sixth grader, Liam Miller was
most improved player this year! 7 ¹⁰ grader Ahmet
ltekin was our most well-rounded player this year



Congratulations to the Beck Girls Soccer A team on their phenomenal 12-0 undefeated Championship season! The girls defeated Voorhees 1-0 in the SISL Championship to avenge last season's finals.

The defense was consistently strong and only gave up 5 goals all season in 12 games! Our defense was anchored by Lily Balanca, Maya Morgan, Natalie Olson, Michaela Rosenbaum, Olivia Zegen, 17aylor Park, and Samantha Heskin. Our goalies, Jolie Giles and Lily Shubach, combined for 9 shutous!

Our 8th grade captain Emma Weiss led the team in scoring with 10 goals and 8 assists 1/38 coints 16 lives up 1.

'9 shutouts!

Our 8" grade captain Emma Weiss led the team in
oring with 10 goals and 8 assists (28 points) followed by
rother captain, Joelle Mateo with 4 goals 3 assists (11
ints), 8" graders, Johanna Kang, Ellie Rivera, and Lily
ubach each contributed 10 points (4g2a) Ashley Lampf
ded 9 points (4g1a) and Emmy Plevinsky and Mady Tool
ch added 8 points (3g2a) this season.

Marzing season, Beck A Teaml B-E-C-K, BECK BECK BECK



Field Hockey

The Beck Field Hockey A

team had a great

season. Although our

verall record was slightly

bellow 200, the team

dedication, improved their

skills and game knowledge, and most importantly, made new

friendships. The team is a young one, losing 12 8" graders last

vear, allowed room for many new

year, allowed room for many new

season. It might have felt like a

rebuilding vear, but the team held

chosen MVP-Lecia Stanko, will lead the team to the championship!!

The Beck B Field Hockey team had a memorable 2023 seeson. Our overall record was 3-4-2. Our sixth graders were standouts this season with multiple students scoring on multiple occasions. Seventh grader Gianna Martinez was a team leader by scoring 2 goals and getting 4 assists this season fibe girls approached each game with tenacity, never giving up and growing together as a team. They learned a lot about the game and had fun.

Cross Country
This year, the Beck cross-country team was loaded with talent. In fact, seventh grader Conan Poerner and sixth grader Lucas Clar; were undefacted throughout the entire season. In addition, 7th grader Lea Vogel and 6th grader Camille Carter never finished outside of the top 3. Other notable runners this season included 6th graders Austyn Semar, Jake Alperstein, and Zachary Wallach; 7th graders Logan Watson and Noelle Terry; 8th graders Julian Gallo and Leah Fisher. As a whole, the team finished second in the Cherry Hill Championships, but had the top Cherry Hill performer in three of the four showcased races that day (Poerner, Vogel, and Clark). Congratulations to the entire squad for a successful season, and a special thank you to Elly Miracola, Cathy Clark, and Leslie Sheppard for helping the season run smoothly!



Attendance: If your student is absent or needs an early dismissal, please just email Beck Attendance at

BeckAttendance@chclc.org

Website: https://www.chclc.org/Domain/21

Location: 950 Cropwell Road, Cherry Hill, NJ, USA

Phone: 856-424-4505